



**Core of Life Program
Post Session Survey for Facilitators**

This survey is to be completed by each session facilitator/s following their first Core of Life session with young people.

Names of facilitator/s:

Date of session:

Session location:

Town/suburb:

The Profile of Participants:

1. Number of young people in session: Male _____ Female _____
2. Age range of young people (approximate)?
3. Were there any special characteristics of participants (eg cultural composition of group, young mothers)

Organising the Session:

4. Did the Core of Life session occur:

- | | | | |
|--------------------------|--|--------------------------|------------------------|
| <input type="checkbox"/> | in school as part of a broader curriculum | <input type="checkbox"/> | in a community setting |
| <input type="checkbox"/> | in a health care setting (eg pregnancy clinic) | <input type="checkbox"/> | other (please detail) |
-

5. Did you experience any difficulties or issues in organising the session?

No

Yes - if so, what?

6. Did you tailor the Core of Life material to your local context?

No

Yes – if so, how

Running the session:

7. Was the group's class teacher / group leader present during the session?

Yes

No

8. Do you think the style and content of the session were appropriate to the age and cultural background of your participants?

Yes

No - in what way?

9. Did you find the Core of Life Facilitator Manual and other tools to be suitable, easy to use resources?

Yes

No - in what way?

10. Did you find there were any gaps in the information contained in the resource material?

No

Yes - if so, what?

11. Are there aspects of the session that you think worked particularly well?

12. Are there aspects of the session that didn't work very well?

13. In view of the material to cover in the session, do you think the session was:

the right length

too long

not long enough?

14. In hindsight, is there anything the training could have done better to prepare you for running the session?



Outcomes and Follow Up:

15. Were any arrangements made for follow up with any young people from your session?

No

Yes – what arrangements?

16. Do you think the session had an impact on the knowledge and/or attitudes of participants towards pregnancy, birth, feeding and early parenting?

Yes

No - why not?

17. Do you feel more confident to conduct further Core of Life sessions?

Yes

No

18. Do you intend to run Core of Life sessions again?

Yes

If so, how often

No

Why not?

Not sure

19. If you intend to run further sessions, what if anything would you do differently next time?

20. What (if any) follow up support would you like from the Core of Life organisers?

21. Do you have any other comments about the Core of Life Program?

Thank you for taking the time to complete this questionnaire. Your ideas and suggestions are vital to the program's future growth.